Evaluation of the role of the Treponema pallidum immobilisation test in Britain

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SUMMARY After specimens of sera from 100 000 patients had been screened by a reagin and *Treponema pallidum* haemagglutination assay (TPHA) 2.7% required further examination. The fluorescent treponemal antibody-absorption (FTA-ABS) test confirmed either a negative or positive TPHA result in 95% of the samples, so that no further investigations were required. This accounted for 99% of the specimens submitted to the laboratory. Repeat tests on a further sample resolved many of the remaining discrepancies. Only 0.05% of patients, in whom repeat tests confirmed a positive TPHA but a negative FTA-ABS result, benefited from a TPI test.

Introduction

Infection with Treponema pallidum causes a wide variety of antibodies to be produced. Tests for these fall into two main groups: the first detects the nonspecific antitreponemal antibodies, and includes the tests for antilipoidal and treponemal group-reactive antibodies; the second includes the specific T pallidum tests. The first work on such a test was described by Nelson and Mayer in 1949,1 who developed the Treponema pallidum immobilisation (TPI) test. This made available a test which was highly specific for treponemes of the syphilis-yawsbejel group. Its most useful application was considered to be for patients with suspected latent syphilis by differentiating true syphilitic reactions in tests using lipoidal antigen from biological falsepositive reactions. The TPI test is technically difficult and was later superseded by the fluorescent treponemal antibody (FTA) test and the more specific FTA-ABS test. In 1965² the Treponema pallidum haemagglutination assay (TPHA) provided the first specific serological test which could be read with the naked eve.

Which of the specific tests should be used in the diagnosis and monitoring of syphilis is frequently debated. Rein *et al*³ concluded that the TPI test failed to add important diagnostic information to that obtained by the FTA-ABS test and seriously questioned the need for the former's continued use.

The aim of this study was to determine the value of the TPI test in the serological examination for syphilis in Britain.

Materials and methods

During the period February 1977 to April 1980 specimens of sera from 100 000 patients were submitted to the Public Health Laboratory, Newcastle upon Tyne, for screening for syphilis by the Venereal Disease Research Laboratory (VDRL) and the TPHA tests. Of these sera, 2728 (2.7%) gave positive results in one or other of these tests and were further examined by the FTA-ABS and TPI tests.

In cases in which no clinical information was obtained from the request form submitted with the specimen the physician in charge of the patient was requested to supply relevant details and the ultimate diagnosis.

The Don Whitley TPHA test (Don Whitley Scientific Ltd, Shipley, West Yorkshire) was performed with microtitre equipment according to the manufacturer's instructions using the recommended final serum dilution of 1/80. The TPI, VDRL, and FTA-ABS tests were performed as described⁴; the only notable difference was the use of Wellcome sorbent in the FTA-ABS test at a working titre of 1/5.

Results

The 2728 (2.7%) serum samples giving positive results in either the VDRL or TPHA test or both were examined by the FTA-ABS and TPI tests. The FTA-ABS test confirmed the results of the TPHA

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test in 2611 specimens but discrepancies were found in 117.

TPHA-NEGATIVE/FTA-ABS-POSITIVE RESULTS Sera from 68 patients gave TPHA-negative and FTA-ABS-positive results and were examined by the TPI test; of these, seven gave positive results and the patients were regarded as having had treponematosis. Of the 61 patients whose sera were TPI-negative, 42 (69%) had clinical evidence of past or recent treponemal disease and 13 (21·3%) had no convincing evidence. For six (9·8%) patients clinical information was inadequate to allow a definitive diagnosis to be made. Thus the TPI test contributed very little to elucidating the discrepancy between sera with negative TPHA and positive FTA-ABS results.

TPHA-POSITIVE/FTA-ABS-NEGATIVE RESULTS
Sera from 49 patients gave TPHA-positive and FTA-ABS-negative results. On examination by the TPI
test six (12%) gave positive results (table); four
patients had evidence of past or recent treponemal
disease but two had none. Of the 43 patients whose
sera were TPI-negative, 13 (26%) had evidence of
past or present treponemal disease but most (30,
62%) had no clinical or previous serological evidence
to suggest the diagnosis of a treponematosis. Nine of
these had a second specimen retested and in five all
the serological tests including the TPHA gave
negative results. Thus, the TPI test again contributed
little to elucidating the discrepancy between sera with

TABLE Discrepancies between the TPHA and FTA test results

Tests	No of sera		
	Total reactive	TPI results	
		+	_
TPHA - }	68	7	61
TPHA + FTA -	49	6	43
Total	117*	13	104

⁺ Positive; - negative

positive TPHA and negative FTA-ABS results, except that the negative TPI results usually confirmed the diagnosis that the patient did not have a treponematosis.

Discussion

In this study the discrepancies in which the TPHA test result was negative and that of the FTA-ABS test positive nearly all occurred in patients with early treponemal infection. Since the TPI test is likely to be negative at this stage of the disease its performance adds no additional information and tests repeated on a further specimen would be of greater diagnostic value.

Discrepancies in which the TPHA test result was positive and that of the FTA-ABS test negative did occur in a small number of patients with a past history of a treponematosis. Most patients in this group, however, had no such history or any other evidence of a treponemal infection. In these patients a negative TPI test result was useful supportive evidence of this diagnosis. Some of these patients gave completely negative serological test results when repeat specimens were examined, so that only those patients (estimated at 0.05% of the total population screened) who yielded persistently positive TPHA but negative FTA-ABS test results benefited from additional investigation by the TPI test.

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^{*4.3%} of 2728 sera

TPHA = T pallidum haemagglutination assay; FTA = fluorescent treponemal antibody (test).